



SHOP 57B HAYFIELDS MALL
033 386 2508 | WWW.FRIENDZCAFE.CO.ZA

PLEASE NOTE THERE MAY BE TRACES OF NUTS IN OUR FOOD
NO SUBSTITUTIONS ON MENU ITEMS ALLOWED

PLEASE NOTE THAT AVOCADO IS A SEASONAL ITEM,
BUT WE DO TRY AND KEEP STOCK OF IT AS MUCH AS POSSIBLE

WE OFFER PLATTERS, CAKES, BISCUITS OR ANY OTHER CATERING NEEDS.
EMAIL: FRIENDZCAFE@GMAIL.COM FOR A QUOTE

TRADING HOURS:

MONDAY - FRIDAY

8AM - 5PM

SATURDAY

8AM - 4PM

SUNDAY AND PUBLIC HOLIDAYS

8AM - 3PM

*IF YOU ARE EVER IN THE WESTERN CAPE COME AND VISIT OUR
GUEST HOUSE IN KNYSNA - FRIENDZ GUEST HOUSE*

**FOLLOW US ON SOCIAL MEDIA TO STAY
UP TO DATE WITH UPDATES AND SPECIALS:**



@FRIENDZ_ZA



FACEBOOK.COM/FRIENDZCAFESA



@FRIENDZGUESTHOUSE



FACEBOOK.COM/FRIENDZGUESTHOUSE



BREAKFAST

ALL EGGS SERVED FRIED, POACHED OR SCRAMBLED

- FRIENDZ STANDARD** **R64**
2 EGGS, 2 RASHERS OF BACON, GRILLED TOMATO, CHIPS
AND A SLICE OF TOAST
- FRIENDZ BOERIE BREAKFAST** **R102**
2 EGGS, 2 RASHERS OF BACON, GRILLED TOMATO, GRILLED
MUSHROOMS, BOEREWORS, CHIPS AND A SLICE OF TOAST
- FRIENDZ FULL HOUSE** **R115**
2 EGGS, 3 RASHERS OF BACON, 1 PORK SAUSAGE, GRILLED
MUSHROOMS, GRILLED TOMATO, BAKED BEANS, CHIPS AND
2 SLICES OF TOAST
- THE MINI** **R56**
1 EGG, 2 RASHERS OF BACON, GRILLED TOMATO, FRIED
BANANA AND 1 SLICE OF TOAST
- WELSH RAREBIT (V)** **R56**
A SLICE OF TOAST SMOTHERED IN A CREAMY CHEESE SAUCE
- MINCE ON TOAST** **R95**
SAUCY MINCE WITH BEANS AND MELTED CHEDDAR CHEESE,
WITH AN EGG AND 2 SLICES OF TOAST
- EGGS BENEDICT**
2 POACHED EGGS, HAM OR SALMON AND A CREAMY
HOLLANDAISE SAUCE ON AN ENGLISH MUFFIN
- HAM **R90**
SALMON **R120**
- AVO ON TOAST (SEASONAL) (V)** **R65**
SMASHED AVO ON 2 SLICES OF TOAST WITH A POACHED EGG
- EGGS FLORENTINE (V)** **R75**
CREAMED SPINACH, POACHED EGG AND HOLLANDAISE
SAUCE ON AN ENGLISH MUFFIN



CROISSANTS

FRESHLY BAKED AND SERVED WITH YOUR CHOICE

R85

OF ANY 3 FILLINGS:

SCRAMBLED EGG | GRILLED MUSHROOMS | GRILLED TOMATO
GRILLED BACON | CHEESE | ONIONS | JAM | HONEY

OMELETTE

3 EGG OMELETTE SERVED WITH TOAST AND YOUR

R85

CHOICE OF ANY 3 FILLINGS:

BACON | ONION | TOMATO | GREEN PEPPER | CHEESE
HAM | MUSHROOMS

BUILD YOUR OWN BREAKFAST

GRILLED TOMATOES | BAKED BEANS | EGG | FRIED ONION
MUSHROOMS | BANANA | ICE CREAM | CREAM | ROLL

R15

HOLLANDAISE SAUCE

R20

BACON | HAM | FETA | SPINACH | CHEDDAR CHEESE | AVO

R25

SAVOURY MINCE | BOEREWORS | PORK SAUSAGE | SIDE SALAD
SIDE VEG | SIDE RICE | CHICKEN FILLET

R30

SMOKED SALMON

R99



STARTERS

PERI PERI CHICKEN LIVERS

R70

CHICKEN LIVERS COOKED IN A CREAMY PERI PERI SAUCE
SERVED WITH A ROLL

CALAMARI STARTER

R70

125G CRUMBED CALAMARI SERVED WITH TARTARE SAUCE
AND LEMON

CRUMBED MUSHROOMS (V)

R70

CRUMBED MUSHROOMS SERVED WITH TARTARE SAUCE

CHICKEN WINGS

R89

6 CHICKEN WINGS BASTED WITH YOUR CHOICE OF BBQ OR PERI
PERI

CHEESY GARLIC ROLL (V)

R45

GARLIC ROLL TOPPED WITH MELTED CHEESE



LIGHT LUNCHESES

QUICHE OF THE DAY **R85**

QUICHE SERVED WITH A FRESH SIDE SALAD OR CHIPS

CHICKEN A LA KING **R120**

SUCCULENT CHICKEN, TOASTED PEPPERS AND GRILLED MUSHROOMS IN A MOUTH - WATERING SAUCE, SERVED WITH RICE AND 2 VEGETABLES

STEAK, BACON AND CHIP ROLL **R120**

JUICY STEAK ROLL WITH MELTED CHEDDAR CHEESE AND BACON SMOTHERED IN A BBQ SAUCE, SERVED WITH A SIDE SALAD OR CHIPS

PASTA ALFREDO (HAM OR CHICKEN) **R115**

TAGLIATELLE PASTA WITH HAM OR CHICKEN, WITH MUSHROOMS IN A CREAMY SAUCE

SIDE PORTION OF CHIPS **R35**

SAUCES: **R30**

MUSHROOM | PEPPER | CHEESE

PANCAKES

2 PANCAKES SMOTHERED IN A CREAMY CHEESE SAUCE
SERVED WITH A FRESH GARDEN SALAD OR CHIPS

CREAMED SPINACH, BACON AND FETA **R89**

BBQ CHICKEN AND MUSHROOM **R89**

SAVOURY MINCE AND CARAMELISED ONION **R99**

CREAMED SPINACH AND FETA (V) **R80**



SALADS

- SMOKED SALMON** **R130**
CRISP SALAD GREENS, CUCUMBER, CREAM CHEESE, PICKLED GINGER, CRISPY CAPERS, SALMON AND LEMON
- CHICKEN, BACON AND FETA** **R120**
CRISP SALAD GREENS, CUCUMBER, TOMATO, CARROTS, GREEN PEPPER, CHICKEN, BACON, FETA AND BBQ SAUCE
- BACON, FETA AND AVO (SEASONAL)** **R115**
CRISP SALAD GREENS, CUCUMBER, TOMATO, CARROTS, FETA, BACON AND AVO

WRAPS

ALL WRAPS SERVED WITH CHIPS OR A SIDE SALAD

- CHICKEN, SWEET CHILLI MAYO AND AVO** **R120**
SERVED WITH FRESH GREENS, TOMATO, ROASTED PEPPERS AND PINEAPPLE
- SMOKED SALMON AND PICKLED GINGER** **R130**
SERVED WITH FRESH GREENS, CREAM CHEESE, TOMATO, CUCUMBER AND PEPPERS
- BBQ CHICKEN, BACON AND FETA** **R115**
SERVED WITH FRESH GREENS, TOMATO AND CUCUMBER



SANDWICHES

SERVED WITH CHIPS OR A SIDE SALAD

TOASTED SANDWICHES AND TRAMAZZINI'S

	TRAMAZZINI	SANDWICH
CHEESE (V)	R73	R66
CHEESE AND TOMATO (V)	R78	R72
BACON AND BANANA	R86	R78
CHICKEN MAYO	R99	R83
CHICKEN MAYO, PEPPERDEWS AND AVO	R110	R105
EGG, BACON AND CHEESE	R99	R89
BACON AND CHEESE	R95	R85
BACON AND EGG	R90	R83
BBQ STEAK AND ONION	R99	R89
DAGWOOD		R120

OPEN SANDWICHES

BACON AND BRIE	R102
FRIED BACON, LIGHTLY MELTED BRIE, ROCKET AND BALSAMIC GLAZE	
SMOKED SALMON AND AVO	R125
CREAM CHEESE, ROCKET, SMOKED SALMON, AVO AND CRISPY CAPERS	
SMOKED CHICKEN MAYO	R108
SMOKED CHICKEN, MAYO, ROCKET, PEPPERDEWS, FETA AND AVO	



BURGERS

CHOICE OF A HOMEMADE BEEF PATTY OR CHICKEN FILLET
SERVED WITH CHIPS OR SALAD | ADD A PATTY FOR R25

FRIENDZ CAFE BURGER	R117
SERVED WITH CHEESE, CARMALISED ONION, FRIED MUSHROOMS, TOMATO, FRESH GREENS, EGG AND TANGY MAYO	
CHICKEN/BEEF BURGER	R99
WITH A MUSHROOM OR CHEESE SAUCE	
CHEESE AND JALAPEÑO	R106
BEEF PATTY OR CHICKEN FILLET WITH MELTED CHEESE AND PICKLED JALAPEÑO	

GRILLS

ALL MEALS SERVED WITH ONE OF THE FOLLOWING:
CHIPS, SALAD, PAP AND SAUCE OR 2 VEGETABLES

RUMP STEAK (200G)	R140
T - BONE STEAK (350G)	R165
PORK RIBS (400G)	R155
LAMB CHOPS	R210
BEEF CURRY & RICE (WHEN AVAILABLE)	R99
SUNDAY ROAST	R120



CHICKEN AND SEAFOOD

ALL MEALS SERVED WITH ONE OF THE FOLLOWING:
CHIPS, SALAD, PAP AND SAUCE OR 2 VEGETABLES

CHICKEN SCHNITZEL (2 CHICKEN BREASTS) R120

SERVED WITH A CHEESE OR MUSHROOM SAUCE

1/2 PORTION CHICKEN SCHNITZEL R99

SERVED WITH A CHEESE OR MUSHROOM SAUCE

1/2 GRILLED CHICKEN R125

BASTED WITH PERI PERI OR BBQ SAUCE

HAKE (FULL PORTION) R115

SERVED WITH COLESLAW AND CHIPS

HAKE (1/2 PORTION) R89

SERVED WITH COLESLAW AND CHIPS

CALAMARI R175

SERVED WITH TARTARE SAUCE AND CHIPS OR SALAD

COMBOS

SURF AND TURF R185

HAKE AND CALAMARI R195

RIBS AND WINGS R195



TREATS

SLICE OF CAKE	R52
ASK YOUR WAITRON FOR OUR DAILY SELECTION OF HOMEMADE CAKES	
1/2 SLICE OF CAKE	R32
MUFFIN OF THE DAY - SWEET OR SAVOURY (V)	R52
SERVED WITH BUTTER AND JAM OR CHEESE	
SCRUMPTIOUS SCONE	R52
SERVED WITH BUTTER, JAM AND CREAM OR CHEESE	
PANCAKES	R42
CINNAMON, SUGAR AND LEMON JUICE	

DESSERTS

CHOCOLATE BROWNIE	R47
SERVED WITH ICE CREAM OR CREAM	
ICE CREAM AND CHOCOLATE SAUCE	R45



GOURMET PANCAKES

1 PANCAKE

2 PANCAKES

STRAWBERRIES AND CREAM

R55

R60

FILLED WITH CREAM AND STRAWBERRY PULP

BANOFFEE AND CREAM

R55

R60

FILLED WITH BANANA AND CREAM DRIZZLED
WITH SALTED CARAMEL

BANANA AND NUTELLA

R60

R75

FILLED WITH NUTELLA, BANANA AND
FRESH CREAM



HOT DRINKS

	NORMAL	MEGA
SINGLE ESPRESSO	R25	
DOUBLE ESPRESSO	R28	
AMERICANO	R29	R33
DECAF AMERICANO	R31	R35
CAPPUCCINO	R31	R35
DECAF CAPPUCCINO	R36	R38
CAPPUCCINO WITH CREAM	R38	R41
CAFÈ LATTE	R31	
FLAT WHITE	R37	R42
CAFÈ MOCHA	R38	R42
MILK TART CAPPUCCINO	R37	R42
CHAI LATTE	R42	
DIRTY CHAI	R42	
COFFEE	R30	R33



HOT DRINKS

	NORMAL	MEGA
MILO	R39	R45
HORLICKS	R48	
HOT CHOCOLATE	R40	
BAR ONE HOT CHOCOLATE	R48	
WHITE HOT CHOCOLATE	R40	
MILKY BAR HOT CHOCOLATE	R45	
MILKY BAR LATTE	R45	
FIVE ROSES	R25	
ROOIBOS TEA	R25	
RED CAPPUCINO	R32	R36
RED CAPPUCINO WITH CREAM	R35	R40
EARL GREY TEA	R28	
GREEN TEA	R26	



COLD DRINKS

SODA'S	R26
APPLETIZER GRAPETIZER	R34
ICE TEA	R29
FRUIT JUICE	R32
WATER (STILL OR SPARKLING)	R22
COLA TONIC PASSION FRUIT LIME CORDIAL	R43
ROCK SHANDY	R43
SODA FLOATS	R47
SLUSHIES	R46
MANGO PASSION FRUIT MIXED BERRY STRAWBERRY COFFEE CHAI WATERMELON	
NORMAL MILKSHAKES	R44
CHOCOLATE MILO COFFEE STRAWBERRY BANANA MIXED BERRY PASSION FRUIT	
HONEY AND HORLICKS BAR ONE NUTELLA	R49
GOURMET MILKSHAKES	R59
CHOC BROWNIE OREO NUTELLA MILKTART	

